

Town&Country

OCTOBER 2007

BEAUTY & HEALTH



THE ONES THAT SHE WANTS

Even in the midst of touring and wrapping up her latest album, *Christmas Serenity*, breast-cancer survivor **OLIVIA NEWTON-JOHN** still manages to attend to her well-being: four times a year she recharges at Gaia, the spa she owns in Aus-

tralia (gaiaretreat.com). “I like to call its style ‘barefoot Armani,’” she says. Here, the fifty-nine-year-old singer and actress (left) tells *T&C* how she keeps her beauty routine top-notch and carefree, too.

1. CANDLE COMFORTS: “When I travel, I’m never without Southern Soy Scents candles in travel tins [\$12.50]. The scents Angel Wings and Grace always make my hotel stays more homey.” southernsoy.com.

2. IN-FLIGHT TREATMENT: Newton-John’s trick for looking bright-eyed after a long flight? Dabbing on Estée Lauder ReNutriv Intensive Lifting Eye Creme (\$78). “A bit of this hydrator before I board and right before I land refreshes my skin.” estee.com.

3. A FIG FOR NEWTON: “My onetime favorite scent, which featured fruity fig notes, was discontinued, but thanks to Jo Malone I have a new favorite, Wild Fig & Cassis [1 oz, \$50]. I wear it all the time.” jomalone.com.

4. AMAZING AMAZON: Newton-John is a devotee of Amazon Herb Co., which sources ingredients from Peru’s rain forests to

make beauty products, tea and supplements. “The Lluvia Camu C Serum [\$55] is an antiaging treatment that contains nothing bad for my skin—no preservatives—and its fresh scent is incredible.” amazonianherb.com.

5. A FINE LINE: “I love that the Revlon Colorstay Lipliners [\$7.99] come in wind-up sticks. The shade Nude is always in my bag and ready to use on the spot; I never need a sharpener.” At drugstores.

6. SUN SMART: For a safe, natural-looking tan, Newton-John has traded basking in Australia’s sun for L’Oréal Sublime Glow for Face (\$9.99). “I use it every other day over moisturizer.” loreal.com.

7. ROYAL LASHES: “In the evening I wear black mascara. But for day I don’t like my lashes to be so dramatic. To soften them, I layer Yves Saint Laurent mascara in deep purple [\$26.50] over the black. The color looks lovely on blondes.” nordstrom.com.

8. MINERAL MAVEN: “Jane Iredale PurePressed Base mineral compact [\$48] is light, but it provides such great coverage that I’ve even worn it on-camera.” janeiredaledirect.com.

NINA J. JUDAR

